
ANIMAL COMMUNICATION

DISTANCE LEARNING COURSE

MODULE ONE

In this module

- Introduction
- Expectations of self
- Meditation
- Letting go of our ego
- Self doubt
- How do you communicate?
- Vocal or telepathic
- Gestalt
- Thoughts & Feelings
- Images
- Words
- Physical sensations
- Understanding the chakras
- Opening & Closing the chakras
- Opening to the communication channels
- Internal talk
- Reasons for difficulties - Trying too hard -Expecting too much -Analysing answers
- Homework